

# Dietary Supplements: Strength, Weaknesses, Opportunities and Threats.

8th ADLQ Annual Symposium

May 1st & 2nd 2018 - The Torch Ballroom - Doha

## Day One - May 1st 2018

08:00 - 08:30 Registration and networking

### Session 1: Introduction

08:30 - 09:00 **HE Dr. Mohammed Al Maadheed**  
Chairman of ADLQ BoT

09:00 - 09:30 **Mr. Olivier Niggli**  
Director General - WADA

09:30 - 09:40 **Dr. Mohammed Alsayrafi**  
General Manager -ADLQ

09:40 - 10:00 Coffee Break

### Session 2: Regulatory and Logistics environment for food supplements production and circulation

10:00 - 10:30 **Moderator : Dr. Jordi Segura**  
**Professor Ron Maughan**  
Emeritus Professor of Sport and Exercise Nutrition, Loughborough University.  
Chair - the Nutrition Working Group of IOC Medical Commission  
[A summary of the recent IOC Consensus paper on Dietary Supplements and the Elite Athlete](#)

10:30 - 11:00 **Dr. Matthew Fedoruk**  
Senior Managing Director of Science and Research- USADA

11:00 - 11:30 **Dr. Alan Vernec**  
Medical Director- WADA

11:30 - 12:00 **Dr. David Mottram**  
Emeritus Professor of Pharmacy Practice, Liverpool John Moores University, UK  
[The role of healthcare providers with respect to supplement and drug use in sport](#)

12:00 - 12:30 Discussion

12:30 - 02:00 Lunch and Prayer Break

### Session 3: Consequences of food supplements

02:00 - 02:30 **Moderator : Dr Stephen Atkins - Professor of Medicine at WCM-Q**  
**Prof. Dr. Maria Kristina Parr**  
Freie Universität Berlin, Institute of Pharmacy  
[Dietary Supplement or pharmaceutical? Similarities and disparities](#)



مختبر مكافحة المنشطات قطر  
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Anti-Doping Lab - Qatar Annual Symposium

02:30 - 03:00 **Dr. Andrea Gotzman**  
Chairwoman - German NADO

03:00 - 03:30 **Dr. Ahmed Hussein Babiker**  
Registration & Drugs Pricing Section Head  
Pharmacy & Drug Control Department - MOPH

03:30 - 04:00 **Prof. Amanda Swart**  
Professor of Biochemistry –University of Stellenbosch, South Africa

04:00 - 04:30 **Dr. XU Youxuan**  
Food and Drug Anti-Doping Laboratory - China Anti-Doping Agency  
[Anti-Doping Detection in food and Dietary Supplements – Situation in China](#)

04:30 - 05:00 Discussion

## Day Two - May 2nd 2018

### Session 4: ADLQ Contribution to research on Supplements

**Moderator : Dr. Costas Georgakopoulos – Doping Analysis Director in ADLQ**

08:30 - 09:00 **Dr. Alexandra Butler**  
Life Science & Research Division  
Director - ADLQ  
[Overview of the supreme study](#)

09:00 - 09:30 **Dr. Morana Jaganjac**  
Senior Scientist in ADLQ

09:30 - 10:00 **Dr. Mohamed Elrayess**  
Senior Scientist in ADLQ

10:00 - 10:30 **Dr Nelson Orie , Senior Scientist in ADLQ**  
**Miss Muneera Al Jaber**  
ADLQ

10:30 - 11:00 Discussion

11:00 - 11:15 Coffee Break

### Session 5: Perspectives:

**Moderator : Prof. Aishah Lattif Director of TMPL - ADLQ**  
11:15 - 11:45 **Professor Sayed K Goda**  
Senior Scientist – ADLQ  
[Can Doping and Supplements Increase Risk of Cancer and beyond?](#)  
11:45 - 12:15 **Dr. Kamal Al Hadidi**  
President West Asia Anti-Doping Organization And JADO

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12:15 - 12:45 **Prof Monèm Jemni**  
Qatar Olympic Committee  
Professorial Chair in Sport Science  
Program Qatar University - College of  
Arts & Sciences

12:45 - 01:15 **Discussion**

01:15 - 02:30 **Lunch and Prayer Break**

**Session 5: Selected Presentations and/or presentations from manufacturers**

**Moderator: Dr Alka Beotra , Risk and Quality Director in ADLQ**

02:30 - 03:30 - Nutra Supplements  
- ICCS  
- Totum Sports

03:30 - 03:45 **Coffee Break**

**Panel Discussion**

03:45 - 04:45 **Moderator: Dr. Yorck Olaf Schumacher - Sports Medicine Physician and Head of Sub-specialty medicine in Aspetaar**  
Panelists: Alan Vernec/ Ron Maughan/ Jordi Segura/Matthew Fedoruk



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Annual Symposium

Kindly register through this link:  
<http://events.adlqatar.qa/conference/adlqsymposium>

**END OF SYMPOSIUM**